



Did You Know?

Coloring and Activity Book



TM

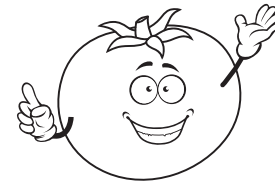
- Find fascinating facts and test yourself
- Grab your pencil and crayons

Did you know you eat roots, seeds, stems and flowers?



Veggie Match!

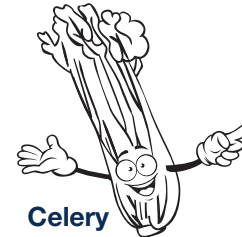
Draw a line to match the plant parts to the vegetables we eat.



Tomato



Cauliflower



Celery

Roots

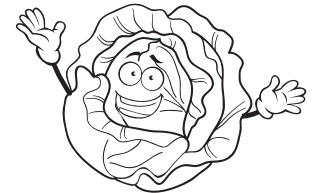
Stems

Leaves

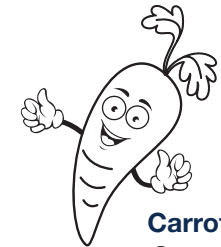
Fruit

Seeds

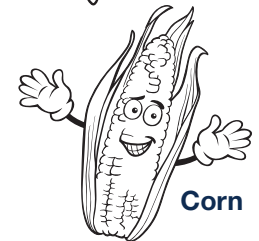
Flowers



Cabbage



Carrot



Corn

Did you know the Mountaineer has a best friend?



Hi, I'm Musket!

You'll see me around WVU's campus, going for walks or playing fetch. What I like most of all is cheering on the Mountaineers and going on big adventures around the state!

1. What color is Musket's collar?

- A. Gold and Blue
- B. Green and Yellow
- C. Red and Black

2. What kind of cap is Musket wearing?

- A. Baseball Cap
- B. Cowboy Hat
- C. Coonskin Cap

3. What kind of a dog is Musket?

- A. Labrador
- B. Beagle
- C. Jack Russell Terrier



“MUSKET”

*The Official Friend of the
WVU Mountaineer*

TM

Did you know you can learn just about anything at West Virginia University?



Draw a line to match the areas of interest with the correct school where they are taught.

Build robots and computers



Reed College of Media

Report the news on TV



Davis College of Agriculture, Natural Resources and Design

Teach people new things



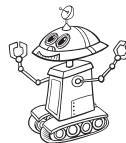
WVU Health Sciences Center

Work with animals



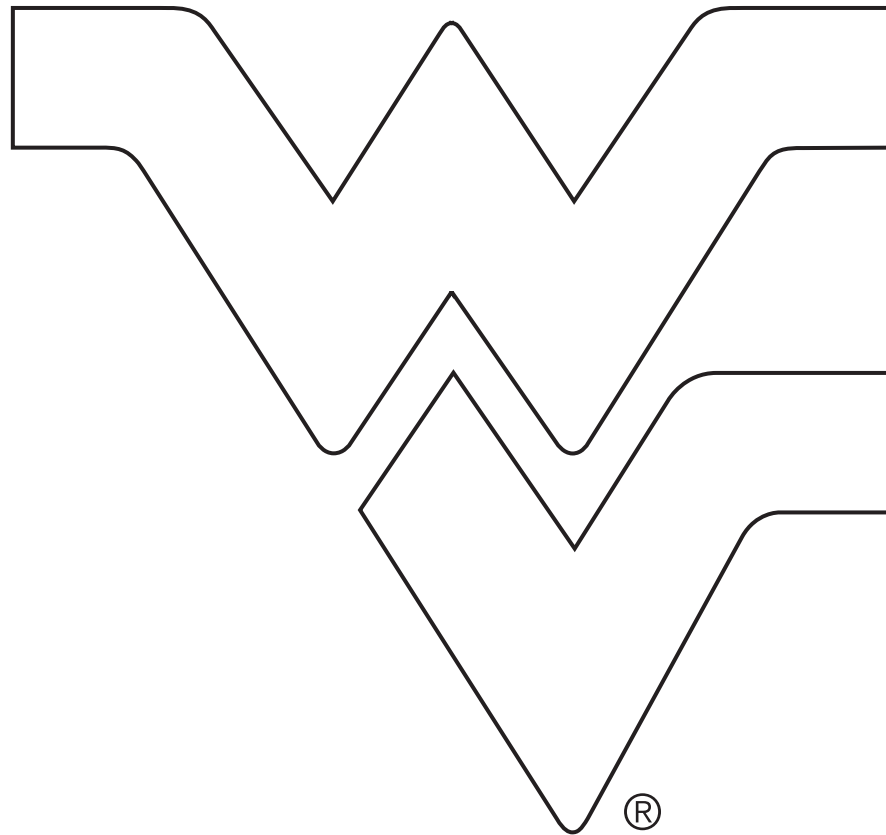
College of Human Resources and Education

Help sick people



Statler College of Engineering and Mineral Resources

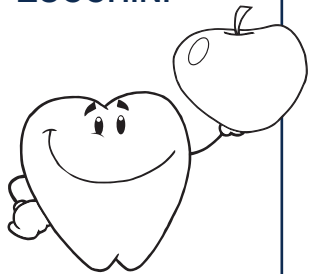
Show your Mountaineer spirit by coloring in the flying WV.



Did you know juicy, crunchy foods can be good for your teeth and prevent cavities?



- APPLE
- BROCCOLI
- CARROT
- CAULIFLOWER
- CELERY
- CUCUMBER
- GRAPE
- MUSHROOM
- PEACH
- PEAR
- PEPPER
- WATERMELON
- ZUCCHINI



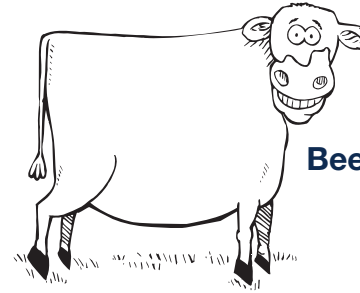
Can you find the names of 13 juicy, crunchy vegetables and fruits that help keep your teeth clean?

R I J C B E P W M R C
 E R L S A E P O G A E
 B N E O P R O A U G L
 M Q R P C R R L R H E
 U A E D H C I O C G R
 C R A S L F O A T J Y
 U P U N L Q E R Q C E
 C M S O W P O S B P B
 P W W Z U C H I N I
 I E L P P A P E A R G
 R N O L E M R E T A W

Did you know milk is an agricultural product?



Who makes milk? Circle your best choice.



Beef Cow



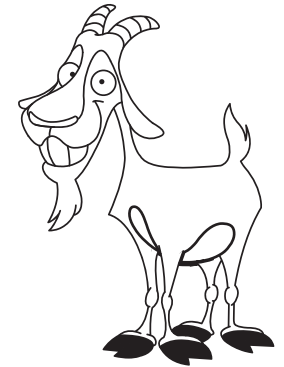
Dairy Cow



Store

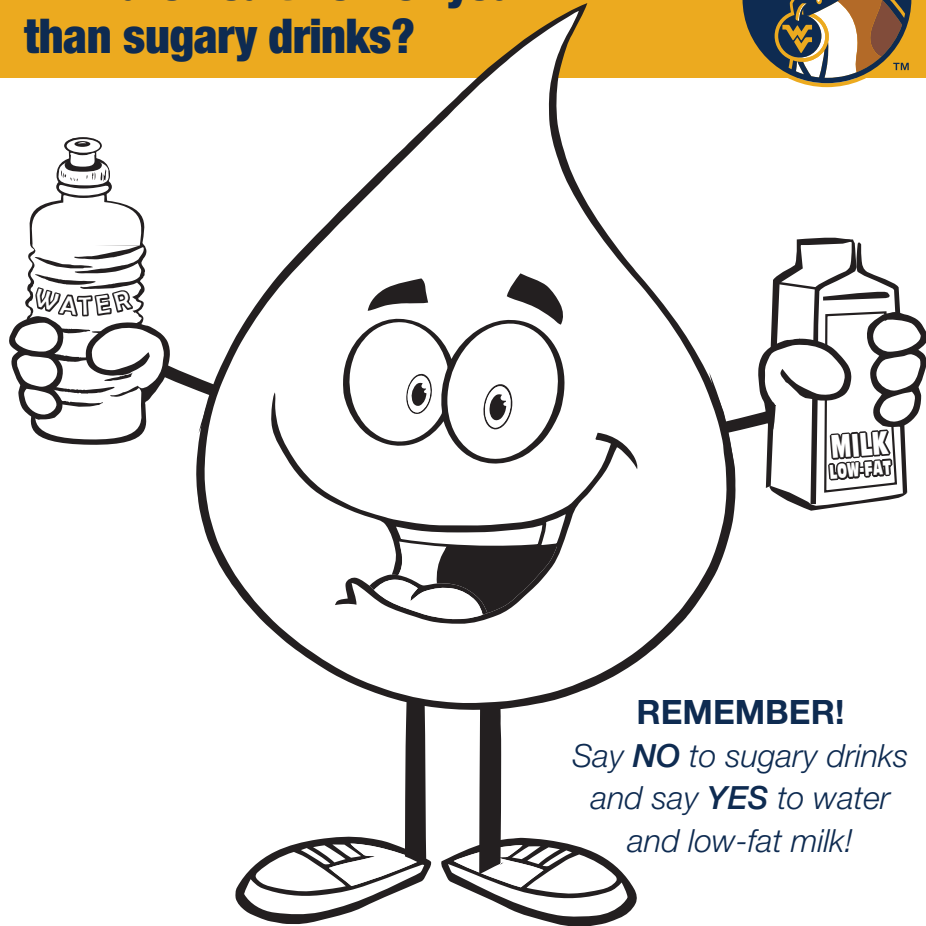


Child



Buck Goat

Did you know water and low-fat milk are healthier for you than sugary drinks?



REMEMBER!

Say **NO** to sugary drinks and say **YES** to water and low-fat milk!

Did you know your drink could be full of unhealthy sugar?



Draw a line to match the amount of sugar contained in each of the drinks.



6-ounce juice drink*



8-ounce glass



12-ounce can



20-ounce bottle

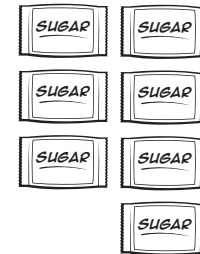
4 teaspoons



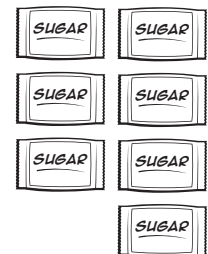
3 teaspoons



7 teaspoons



7 teaspoons



*Choose drinks with no sugar added. Read the label, compare and think about your drink!

Did you know you need at least 60 minutes of exercise a day?



Circle the healthy activities. Then, try them!



Riding Bike



Eating Unhealthy Snacks and Candy



Jumping



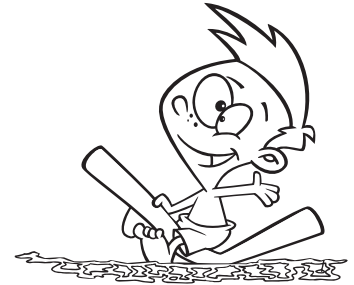
Playing Field Hockey



Watching TV



Playing on the Computer



Swimming



Flying a Kite



Dancing



House Cleaning



Playing Video Games

Did you know television-free days are good for your health and building family memories?



Pick a “Family TV-Free Day” each week.

Do the interview below. Which day of the week will be best for your family’s TV-free day? List activities your family can do on that day.



TV Interview

Ask each of your family members:

Name	Favorite TV show	Day it’s on	TV-free day family activities

Now check the best day of the week for your family’s TV-free day.

- Sunday Monday Tuesday Wednesday Thursday Friday Saturday

Did you know that there are many ways to say hello?



Draw a line matching the country to how they say hello in their language.



Xin chào
(pronounced “sin CHOW”)



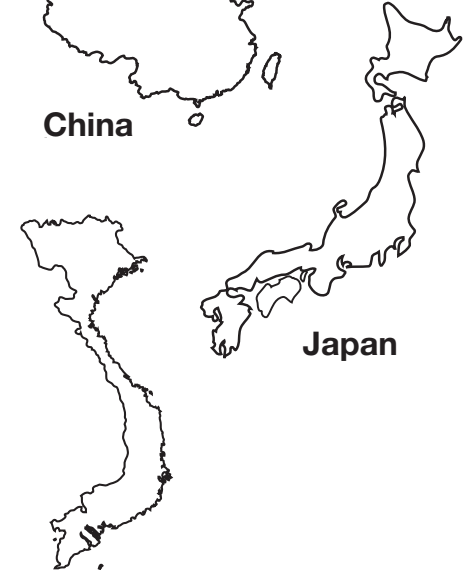
Kon’nichiwa
(pronounced “kon-nee-chee-wa;” daytime or afternoon)



Nǐ hǎo
(pronounced “nee how”)



China



Japan



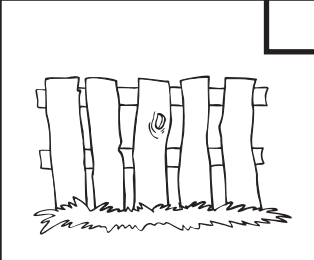
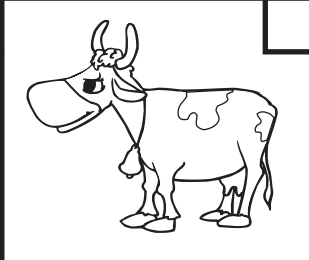
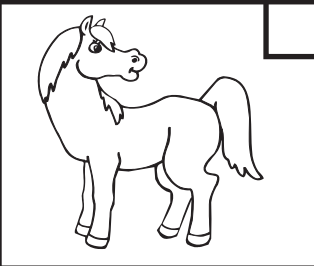
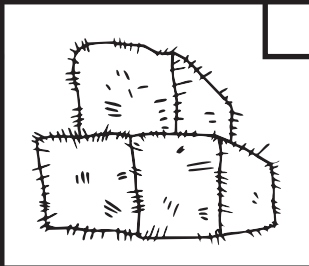
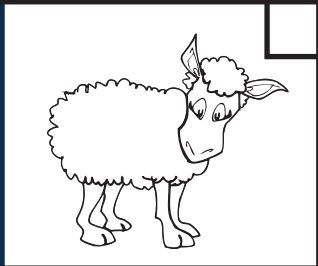
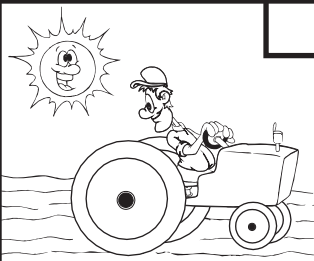
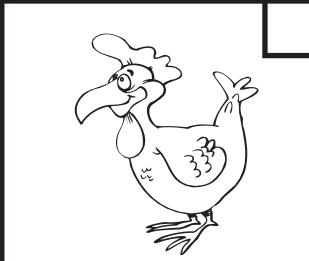
Vietnam

Hint: Flags can help you solve this activity.

Did you know that agricultural products are everywhere?



✓ Check off these products as you see them on your next family drive.



Did you know not all bugs are bad?



Match the bugs. Draw a line to match the “good” bug to how it helps.

Decomposers/Recyclers:

Insects can act as natural recycling agents when they help to decay food

Pollinators: 80% of the world’s plants depend on insects for pollination, which is key for plants’ survival

Pest Controllers: Many insects feed on other insects that destroy plant crops

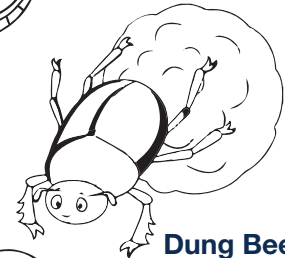
Food Sources: Many fish, birds, mammals and reptiles rely on insects as their main source of food



Praying Mantis



Mayfly



Dung Beetle



Honeybee

Did you know there are ways to keep yourself safe during a lightning storm?



Fill in the blank with the correct words.

explode metal tree shortest tallest water twice ball

1. During a lightning storm, when no shelter is available, crouch down in the lowest possible spot and roll up in a _____ with feet on the ground? (**Do Not Lie Down**).
2. Lightning can make a tree _____ by heating the sap the tree.
3. Lightning usually strikes the _____ objects.
4. Lightning takes the _____ path.
5. If you are outside when there is lightning, don't go under a _____.
6. If you are in _____, get out. Stay away from the beach.
7. When there is lightning, stay away from anything made of _____.
8. Lightning can strike _____ in the same place.



Did you know that firefighters use many tools when fighting fires?



On the word list below, use the letter **D** for items used for detection, **P** for items that are used for protection and an **E** for items that help extinguish fires.

- | | | |
|------------------|-------------|-----------------|
| ___ BOOTS | ___ HEAT | ___ LADDER |
| ___ ENGINE | ___ HELMET | ___ NOZZLE |
| ___ EXTINGUISHER | ___ HOSE | ___ SMOKE |
| ___ GLOVES | ___ HYDRANT | ___ SMOKE ALARM |
| | | ___ WATER |



Did you know your family should have a fire safety escape plan?



Plan at least two ways to get out of your home. Designate a nearby meeting place in case of a fire. Practice your escape plan with your family members at least a few times a year.

Example of a Fire Safety Escape Plan



REMEMBER!

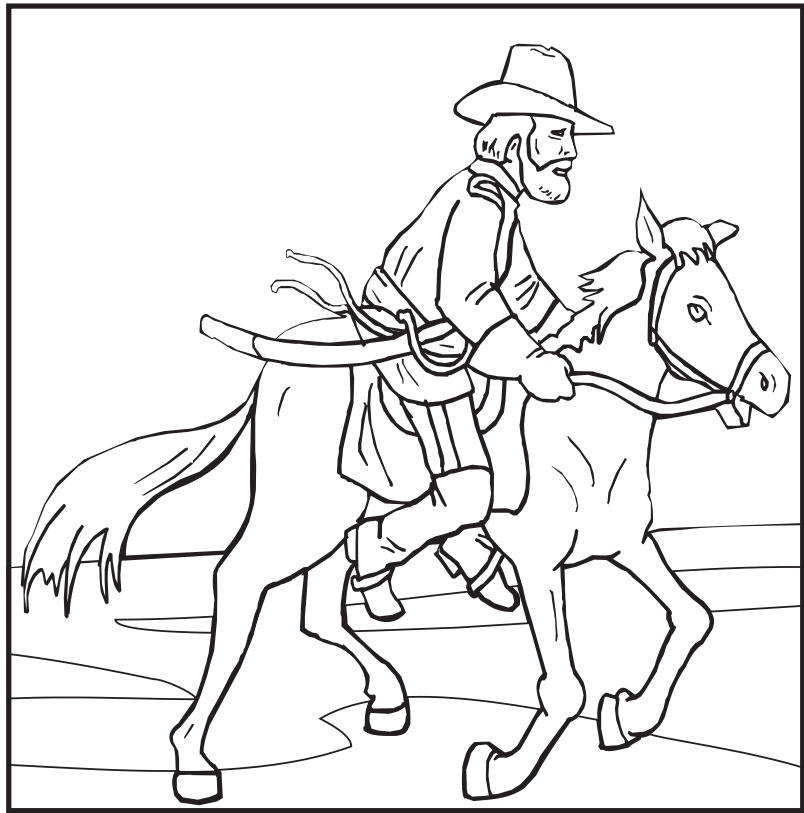
Once you have left your house because of a fire, **DO NOT** go back in for any reason.

Draw your own fire safety escape plan below.

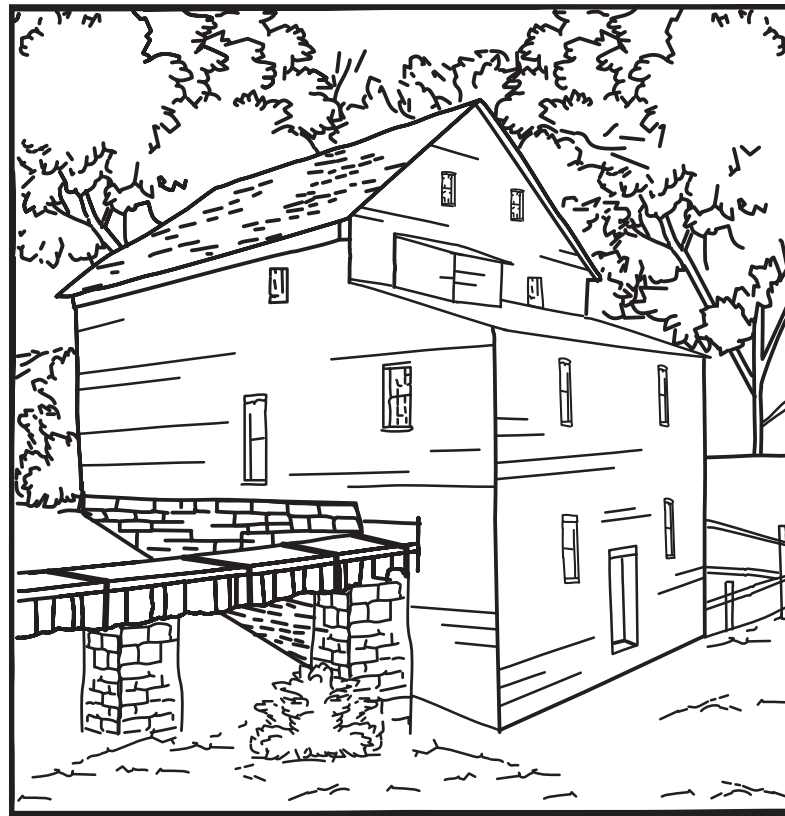
Create your own plan for your house. Draw each room and place exits, smoke detectors, fire extinguishers and ladders in the rooms.



Did you know WVU Jackson's Mill is the boyhood home of General Thomas "Stonewall" Jackson?



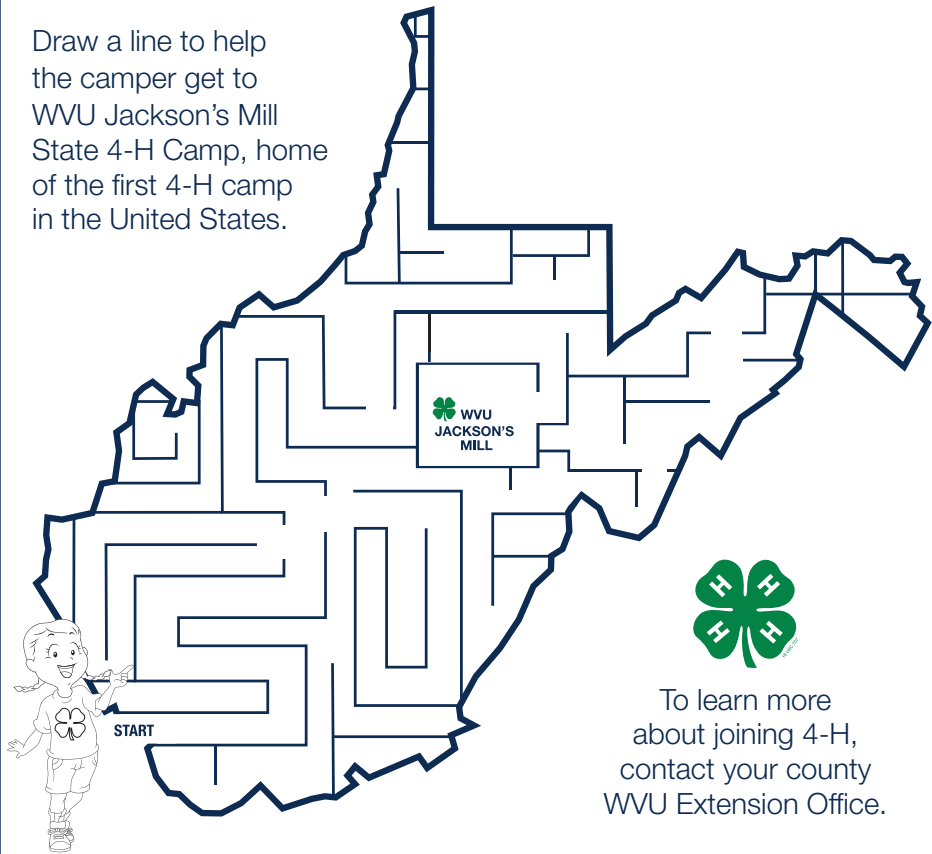
Did you know Blaker's Grist Mill was moved from Greenbrier County and reassembled at WVU Jackson's Mill?



Did you know you do not need to be a 4-H'er to attend 4-H camp?



Draw a line to help the camper get to WVU Jackson's Mill State 4-H Camp, home of the first 4-H camp in the United States.



To learn more about joining 4-H, contact your county WVU Extension Office.

Puzzle answers



Page 1

Roots – Carrot
 Stems – Celery
 Leaves – Cabbage
 Fruit – Tomato
 Seeds – Corn
 Flowers – Cauliflower

Page 2

1. A – Gold and Blue
2. C – Coonskin Cap
3. B – Beagle

Page 4

- Build robots and computers – *Statler College of Engineering and Mineral Resources*
- Report the news on TV – *Reed College of Media*

- Teach people new things – *College of Human Resources and Education*
- Work with animals – *Davis College of Agriculture, Natural Resources and Design*
- Help sick people – *WVU Health Sciences Center*

Page 6

R	I	J	C	B	E	P	W	M	R	O
E	R	L	S	A	E	P	O	G	A	E
B	N	E	O	P	R	O	A	U	G	L
M	Q	R	P	C	R	R	L	R	H	E
U	A	E	D	H	C	I	O	C	G	R
C	R	A	S	L	F	O	A	T	J	Y
U	P	U	N	L	Q	E	R	Q	C	E
C	M	S	O	W	P	O	S	B	P	B
P	W	Z	U	C	C	H	I	N	I	
I	E	L	P	P	A	P	E	A	R	G
R	N	O	L	E	M	R	E	T	A	W



Puzzle answers

Page 7

Dairy Cow

Page 9

Juice – 3 teaspoons

Sugary Fruit Drink Mix –
4 teaspoons

Soda – 7 teaspoons

Sports Drink – 7 teaspoons

Page 10 and 11

Riding Bike

Playing Field Hockey

Jumping

Flying a Kite

House Cleaning

Swimming

Dancing

Page 13

Xin chào – Vietnam

Kon'nichiwa – Japan

Nǐ hǎo – China

Page 15

Decomposers/Recyclers –

Dung Beetle

Pollinators – Honeybee

Pest Controllers –

Praying Mantis

Food Sources – Mayfly



Puzzle answers

Page 16

1. Ball
2. Explode
3. Tallest
4. Shortest
5. Tree
6. Water
7. Metal
8. Twice

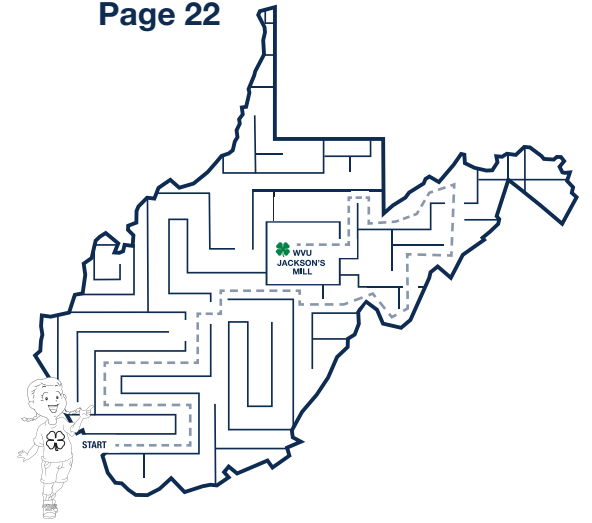
__E__ NOZZLE

__D__ SMOKE

__D__ SMOKE ALARM

__E__ WATER

Page 22



Page 17

- __P__ BOOTS
- __E__ ENGINE
- __E__ EXTINGUISHER
- __P__ GLOVES
- __D__ HEAT
- __P__ HELMET
- __E__ HOSE
- __E__ HYDRANT
- __E__ LADDER



Learn More – *extension.wvu.edu*

Produced by West Virginia University Extension Service

Programs and activities offered by the West Virginia University Extension Service are available to all persons without regard to race, color, sex, disability, religion, age, veteran status, political beliefs, sexual orientation, national origin, and marital or family status. Issued in furtherance of Cooperative Extension work, Acts of May 8 and June 30, 1914, in cooperation with the U.S. Department of Agriculture. Dean/Director, Cooperative Extension Service, West Virginia University.

The WVU Board of Governors is the governing body of WVU. The Higher Education Policy Commission in West Virginia is responsible for developing, establishing, and overseeing the implementation of a public policy agenda for the state's four-year colleges and universities.